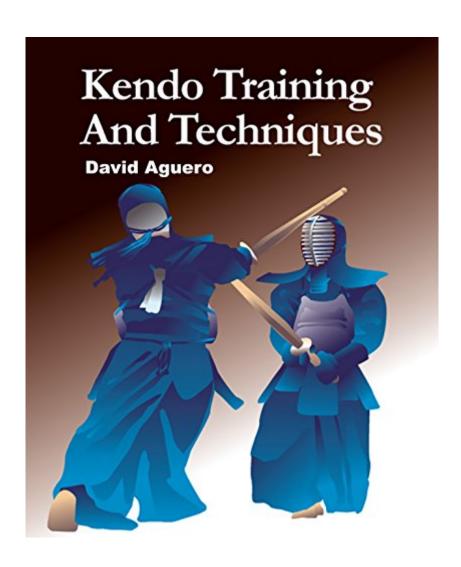
The book was found

Kendo Training And Techniques





Synopsis

This is a reference guide for kendo training that includes a range of waza (techniques) for intermediate to advanced kenshi. For intermediate to advanced students this book has all the techniques that were in the previous book â œBest Kendo Wazaâ • newly revised plus even more techniques (counters to hiki-waza and more) a total of eighty-two illustrated techniques are represented in this book. Of course many of the advanced kendo techniques contained in this book are not possible to accomplish without a certain level of experience/training and as such I do not include a large amount of description because there are aspects of kendo that cannot be described with words. The intention of this book is not to suggest that you become familiar with every technique under the sun, the purpose of this book is to help you find a few techniques that suit your style of kendo. It is far better to use strategy with technique than technique alone. This kendo guide does not intend in any way to replace proper instruction in kendo training. However there are many aspects of kendo this guide will cover in addition to kendo techniques, equipment and equipment maintenance, basic kendo subjects, injury prevention, training at home, how to make a kendo dummy and more. I hope you will find this Kendo training guide exactly what you need as a beginner and as an advanced student, in what ultimately is the realization of the meaning of the Way of the sword (kendo).

Book Information

File Size: 5089 KB

Print Length: 317 pages

Simultaneous Device Usage: Unlimited

Publisher: Bestkendo (July 5, 2015)

Publication Date: July 5, 2015

Sold by: A Digital Services LLC

Language: English

ASIN: B0112VF906

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #394,512 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #19

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Individual Sports > Fencing #70 in Books > Sports & Outdoors > Individual Sports > Fencing #548 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Exercise & Fitness > Martial Arts

Customer Reviews

Aguero's waza descriptions are too vague to be of much use- very similar to a dozen other kendo books.

Great for learning the basics.

Download to continue reading...

Puppy Training: How To Train a Puppy: A Step-by-Step Guide to Positive Puppy Training (Dog training, Puppy training, Puppy house training, Puppy training ... your dog, Puppy training books Book 3) Puppy Training: Puppy Training for Beginners: The Complete Puppy Training Guide to Crate Training, Clicker Training, Leash Training, Housebreaking, Nutrition, and More Puppy Training: Step By Step Puppy Training Guide- Unique Tricks Included (puppy training for kids, puppy tricks, puppy potty training, housebreak your dog, obedience training, puppy training books) Kendo Training and Techniques Puppy Training Guide 4th Edition: The Ultimate handbook to train your puppy in obedience, crate training and potty training (Training manual, Puppy Development, ... Training, Tracking, Retrieving, Biting) Puppy Training: 10 Worst Puppy Training Mistakes That Can Ruin Your Dog (And How To Train Them Right) (puppy training, dog training, puppy house breaking, ... training a puppy, how to train your puppy) Puppy Training: The Complete Guide To Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house ... training, puppy training guide, dog tricks) Puppy Training: The Ultimate Guide to Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house ... training, puppy training guide, dog tricks) Brain Games for Dogs: Training, Tricks and Activities for your Dog's Physical and Mental wellness (Dog training, Puppy training, Pet training) books, Puppy ... games for dogs, How to train a dog Book 1) PUPPY TRAINING: DOG TRAINING: Crash Course in Training Your Dog in Days, Housebreak and Obedience Puppy Training Guide Book Potty Training In 3 Days: Quick And Easy Guide To Potty Training Your Toddler In As Short As 3 Days (potty training, toddlers, toddler, toilet training) Puppy Training: How to Housebreak Your Puppy In Just 7 Days (puppy training, dog training, puppy house breaking, puppy housetraining, house training a puppy,) Puppy Training: How to Housebreak Your Puppy in Just 7 Days: (Puppy Training, Dog Training, How to Train A Puppy, How To Potty Train A Puppy, How To Train A Dog,

Crate Training) Looking at a Far Mountain: A Study of Kendo Kata (Tuttle Martial Arts) Kendo: A Comprehensive Guide to Japanese Swordsmanship Kendo: The Definitive Guide Complete Kendo (Complete Martial Arts) Kettlebell Training: Rapid Muscular Enhancement and Athletic Development Using Kettlebell Only Training (Kettlebell Training and Workouts Book 1) Dog Training: Ultimate Puppy Training for Happy, Obedient Dogs: Stop Bad Behaviors, use Positive Reinforcement, and Develop Obedience (23 Impressive Dog ... Raising A Puppy, Potty Training) The Ultimate Guide to Weight Training for Racquetball and Squash (The Ultimate Guide to Weight Training for Sports, 18) (The Ultimate Guide to Weight Training for Sports, 18)

<u>Dmca</u>